

# Navigating a Career in Government: Obtaining a Position and Preparing for Tenure

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### Growing within the NIH intramural Program my personal experience





## Tips for Getting into the NIH

Develop a Thick Skin and a Hopeful Attitude, While Learning the System

- Typically 2-5 times as many qualified applicants as there are openings
- Don't give up if you get a few rejection notices



## Tips for Getting into the NIH

Although Many Research Positions are Advertised, Many are Not

Advertised Postdoc positions <u>https://www.training.nih.gov/career\_services/postdoc\_jobs\_nih</u> (These people have space and resources)

You may search our intramural database by topic to find an appropriate match and contact that person directly<u>http://intramural.nih.gov/search/index.tml</u>

Also see: <u>http://irp.nih.gov/our-research/scientific-focus-areas</u>

A customized letter of introduction, expressing an interest in the PI's area of expertise is better than a generic request for a position



# Universal Tips for Finding a Position

- Start looking early (Thanksgiving for Summer, 1 yr for med/grad sch/postdoc, 2 yrs. for real job).
- Make direct contact with professors, selecting officials or contacts listed in ad
- Talk to people who hold the job or position you want and ask them how they got there
- Hit the ground running in every position, because you will get the next one based on what you accomplish in the first months or years of the current position



### Questions to ask of a Potential Lab Supervisor

- I. What happened to the last 5 postdocs (or students) who went through your lab? Did they get first-author publications? Did they present their work outside the lab? Where are they now?
- 2. Who will be responsible for my day to day training? i.e. if I need to know how to use the autoclave or the microscope, whose responsibility is it to show me?
- 3. What will my project(s) be?
- 4. Visit the lab before committing. Also, try to speak with the fellows in the absence of the boss. Try to find to find out about the lab and local environment.



# Also Be Prepared to Answer Questions

□ What are your career goals?

□ Where do you see yourself 10 years from now?

What research have you done? (you need a 30 second, 5 minute and 15 minute response to this question)

What techniques do you know?

What do you expect to learn or accomplish during this fellowship?



## Tips for progressing your career within the NIH

#### **#1** Be seen as someone who:

- Works hard
- Helps others
- Learns from mistakes (yours and others)
- Accepts criticism
- Shows up on time ready to work
- Doesn't complain about doing extra work

Intramural Research Program Our Research Changes Lives

## Tips for progressing your career within the NIH

#### **#2 Do Not Underestimate the Value of Social Capital**

- Socialize with people who enjoy science
- Talk to senior investigators
- Participate in interest group activities
- Sign up for lunches with speakers
- Participate in Science Events (WALS, Grand Rounds etc.)



## Tips for progressing your career within the NIH

#### **#3 The Importance of Having Multiple Mentors**

- Thriving within any organization requires a lot of information.
- No single person has all the information you need to survive.
- Spreading out your questions generates the illusion of independence.



# Paths to tenure-track

Recent doctoral graduates

→ Early Independent Scientists

Post-docs

Research/Clinical Fellows Assistant Clinical Investigators → Tenure-Track Investigator Staff Scientists/Clinicians



# **Tenure-track Investigator search**

Traditional, targeted search

Earl Stadtman search

Lasker Clinical Research Scholars search



# **Traditional Targeted Search**

- The Intramural Research Program typically hires about 30 PIs per year
- Approx. 1/3 of hires looking for best scientist in broad field
- Frequently top candidates from one search would all be hired by multiple ICs over a period of years
- Sometimes missed opportunities in novel areas



# Advantages of the Earl Stadtman Investigator Search

Broad search open to all biomedical and behavioral researchers

- A chance to identify and assess demographics of all individuals interested in being an NIH Tenure Track Investigator
- Areas not limited
- Opportunity to increase diversity of hires



# Challenges to the Earl Stadtman Investigator Search

- Development of broad criteria and categories
- Coordination of 200 committee members spread over 20 subcommittees
- □ Top committee picks do not always get selected by SDs, due to areas of interest and/or lack of resources



## Factors NIH Considers When Hiring PIs

- Publication Record
- Letters of Recommendation
- The quality and innovation shown in previous work and research plan
- Your ability to describe your work in writing and orally
- Potential impact on public health
- Reputation of labs/institutions where you have worked
- Board Certifications (for M.D.s)
- Can you make use of a diverse and collaborative environment?
- Do you possess a unique combination of skill sets?



# **Official Criteria for Tenure**

 High quality, originality and impact of scientific contributions to a specific field and biomedical research more generally

#### Independent creative effort

- Independent research as evidenced by primary and senior authorship on original research publications
- For team research, clear evidence of distinct intellectual contribution to the research; members of research teams should demonstrate peer recognition of their specific contributions and some publications should highlight their distinctive research
- Productivity relative to resources
- National/international recognition and leadership



## **Official Criteria for Tenure**

#### Mentorship abilities and activities

Success in training and mentoring junior colleagues at all levels <u>and</u> from diverse backgrounds, as evidenced by their professional progress, competitive funding and/or publications

- High ethical standards and integrity in directing and conducting research
- NIH citizenship, collegiality and promotion of diversity



### Take home massage

- Work hard
- Publish (Good mix of quality/quantity)
- Find your way to stick around
- Be ready when opportunities come up

